



# SKY VILLA

BOUTIQUE HOTEL

## *BEAUTY @ SKY*

### SPA MENU

A warm and friendly welcome to Beauty @ Sky.

Elevate your stay or enhance your day with a massage or treatments to restore your inner peace in tranquil, pleasant surroundings.

For your comfort, please read through the information.

### FOR INFORMATION AND RESERVATIONS:



+27 (0) 87 550 2967



[beauty@skyvilla.co.za](mailto:beauty@skyvilla.co.za)



Sky Villa Boutique Hotel, 27 Baron's View Estate, Plettenberg Bay, 6600



Monday - Sunday | 10h00 - 18h00

[www.skyvilla.co.za](http://www.skyvilla.co.za)



## WAXING



EYEBROW SHAPING	140
EYEBROW / CHIN / LIP	170
UNDER ARM	230
BIKINI	270
BRAZILIAN	300
HOLLYWOOD	400
1/2 LEG	320
3/4 LEG	350
FULLY LEG	420
FULL ARM	280
CHEST OR BACK	420



## HANDS & FEET



### **GENT'S MANICURE | 45min | R350**

*We start off with an exfoliation, followed by nail shaping, cuticle work and a hand and arm massage.*

### **LADIES MANICURE | 45min to 60min | R370**

*We start off with an exfoliation, followed by nail shaping, cuticle work, a hand and arm massage and polish of your choice.*

### **GENT'S PEDICURE | 45min | R480**

*A soothing treatment for overworked feet to get them back into tip-top shape.*

*We start by soaking the feet, followed by exfoliation, nail shaping, buffing, hard skin removal and massage.*

### **LADIES PEDICURE | 60min | R500**

*A soothing treatment for overworked feet to get them back into tip-top shape.*

*We start by soaking the feet, followed by exfoliation, nail shaping, buffing, hard skin removal, massage and polish of choice.*



## MASSAGES



### **FOOT MASSAGE | 30min | R370**

*Indulge in pure relaxation with a massage specifically focused on tired legs and aching feet.*

### **BACK, NECK & SHOULDER | 30min R370 | 45min R650**

*This massage focuses purely on the back and shoulder areas to relieve tension in these commonly over-stressed muscles. Some key benefits of a back, neck and shoulder massage:*

*Release tension, recovery of muscle soreness and helps reduce migraines.*

### **FACIAL MASSAGE | 30min | R500**

*This massage is focused on stimulating the circulation on the face, neck and décolleté, to promote relaxation, lymphatic drainage, sinus relief, reduce puffiness and stimulate collagen production.*

## ✦ MASSAGES ✦

### **DEEP TISSUE BACK AND SHOULDER MASSAGE | 30min R550 | 45min R700**

*Targeted massage that uses firmer pressure applied to muscles which helps to relieve tight and tense muscles.*

### **SWEDISH MASSAGE | 60min R870 | 75min R980 | 90min R1 200**

*A restorative classic massage that helps to manipulate the soft tissue of the body by using long kneading strokes to relieve muscle tension.*

### **PURE BLISS | 120min | R1 800**

*This massage is the ultimate stress reliever, from top to toe, relieving muscle aches and pain. It includes a full body Swedish Massage and Face & Scalp massage.*

## ✦ FACIALS ✦

### **ADVANCED MEN'S FACIAL CEREMONY | 60min R850 | 90min R1 300**

*A deep-cleansing, exfoliating facial treatment harnessing the antioxidant powers of Pinotage Vinotherapy with our healing and restoring African Potato Balm and a specialised facial massage for a deeply hydrating experience that refreshes, nourishes, and soothes the skin for visible results. Harness the cleansing benefits of Jade to deeply cleanse and restore skin to optimum state of clarity. The 90 minute experience includes a 30 minute tension relief back massage.*

### **CALMING SKIN SOOTHER | 60min | R850**

*This gentle facial is specially designed for skin that has been damaged by the sun or exposure to other environmental toxins. It harnesses the naturally nourishing powers of superfoods to heal the skin without the use of chemicals. Peptide boosters, masks, serums and natural oils with herbs and shea butters are all combined for optimum restoration. We use our famous aloe vera healing gel in combination with our award-winning African Potato for ultimate healing and rejuvenation. Suitable for sensitive and over sun exposed skin.*

### **RENEW AND REJUVENATE SKIN RITUAL | 60min | R850**

*Marula, Rose, Geranium and Ylang-Ylang essential oils are mixed into an invigorating blend of sheer skin bliss. Excellent for tired dehydrated skin, needing a special boost to even out texture, create a vibrant glow and combat aging. Rose Quartz crystals boost circulation and radiance and combat fine lines and wrinkles. Ideal for skin showing early signs of aging.*

### **RESTORATIVE HYDRATION FACIAL WITH HYALURONIC | 60min | R950**

*An intensive hydration infused facial specially targeting dehydrated, and water lacking skin. Start with a nourishing cleanse best suited to your individual skin to begin the ultimate hydrating experience. Active ingredient Hyaluronic Acid is lavishly used to feed the skin with nutrients, moisture and assist with the skin's natural hyaluronic production, leaving the skin plump and moisture rich. Incorporating warm and cold stones to aid in boosting circulation resulting in optimum skin glow. Suitable for all skin types, ideal for dehydrated and sun exposed skin.*

## FACIALS

### BRIGHTENING VIT C BOOST | 60min | R1 000

The brightening and radiance boosting facial harnesses the powerful functions Rosehip and Vitamin C. An active facial starting with a cleanse to remove impurities, followed by our microfoliant enzyme clay to exfoliate and soften the skin. A lifting facial massage helps to relax muscles while the Radiance Rosehip Serum regenerates and renews skin cells. This is followed by a therapeutically enriched mask that lathers the skin with the best nature has to offer, enriched with cranberry, leaving it brightened, refreshed and radiant. Complete with hydration boosting serum, our active brightening Vitamin C treatment cream and moisturiser to leave skin nourished and youthful. Ideal for stressed, dull skin with pigmentation concerns.

### SPECIALISED TRI ENZYME PERFORMANCE FACIAL | 90 MINUTES | R1 200

A highly specialised and results-driven facial, formulated for cellular rejuvenation, gently stimulates skin cell renewal and works on deeper levels of the skin. Presence of high dosage of Vitamin C, active ingredients offer highly nourishing results from the cocktail of peptides, hyaluronic acid, enzymes and probiotics. This is the ultimate anti-aging facial for mature, dry skin.

### EARTH GODDESS FACIAL CEREMONY | 90min | R1 300

Experience all the wonderful elements this facial brings by giving your skin the ultimate boost of powerful and antioxidant enriched ingredients to stimulate collagen production and keeping the skin nourished and hydrated. Using Healing Earth's patented Pinotage range along with Hyaluronic Acid and probiotics, this is the ideal facial if you are looking for a deeply nourishing and anti-aging facial experience. Using a Rose Quartz roller helps stimulate blood circulation to bring more oxygen to the skin and encourages a natural glow.

#### SPA ETIQUETTE AND POLICIES

##### SPA ROOM

In keeping with the serene atmosphere within the spa, we kindly request that cellphones be switched to silent.

##### PUNCTUALITY

Guests are requested to arrive at least 10 minutes prior to their treatment time, in order to complete a consultation form. A late arrival may result in a shorter or possibly forfeited treatment. Guests will still be liable for a full payment of the treatment booked.

##### SPA TREATMENTS

All treatments are subject to therapists' availability. Prices are subject to change without notice and are inclusive of VAT.

##### CONSULTATION

Please inform your therapist of any medical conditions, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

##### SAFETY REGULATIONS

We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cellphones) safe in your room.

##### PAYMENT

All treatments and products are payable at the end of your treatment or shall be charged to your room.

##### DRESS CODE:

The Spa has a no nudity policy. You will be provided with a gown and slippers.

##### CANCELLATION POLICY

We kindly request that all bookings are cancelled within 24 hours. Beauty @ Sky reserves the right to charge in full for treatments not cancelled in this period of time, or non-arrivals.

##### GIFT VOUCHERS

Gift Vouchers are available from the spa and are redeemable only at Beauty @ Sky. Vouchers can be issued for specific treatments or for a specific value. The original vouchers must be presented at an appointment to be honoured. Gift Vouchers may not be redeemed for cash or retail products. All vouchers are valid for 6 months from the date of purchase.

##### SPA OPERATING HOURS:

Beauty @ Sky operates daily from 10h00 to 18h00, and is open on Public Holidays. Treatments can be accommodated afterhours with an additional 20% surcharge.