



SKY VILLA  
BOUTIQUE HOTEL

# *BEAUTY @ SKY*

## Spa Menu

Warm and friendly welcome to Beauty @ Sky.  
Elevate your stay or enhance your day with a message or  
treatments, to restore your inner peace in tranquil,  
pleasant surroundings.

For your comfort, please read through the information.

## BOOK NOW

**For Reservation and  
Information:**



beauty@skyvilla.co.za



Sky Villa Boutique Hotel

[www.skyvilla.co.za](http://www.skyvilla.co.za)



# BEAUTY @ SKY

## Massages

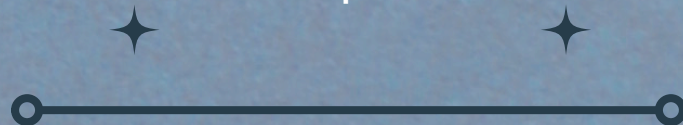
### Full Body Swedish Massage

Drift into deep relaxation with our classic Swedish massage, designed to ease tension, improve circulation and restore balance to the body and mind. Using gentle to medium pressure with long strokes, this massage relieves muscles fatigue, promotes flexibility and leaves you feeling refreshed, and rejuvenated.

60 min | R 1 100

75 min | R 1 300

90 min | R 1 500

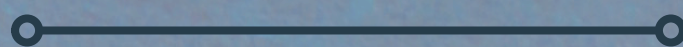


### Deep Tissue Massage

Release deep-seated tension and restore muscle vitality. This treatment uses firm pressure to work through tight muscles and connective tissue, helping to relieve chronic tension, improve mobility and promote faster recover. Ideal for those who prefer a stronger massage or experience muscle stiffness from stress.

60 min | R 1 300

90 min | R 1 600



### Pure Bliss Massage

This massage is the ultimate stress reliever, from top to toe, relieving muscle aches and pain. This treatment includes a facial massage, scalp massage and full body Swedish massage.

120 min | R 2 000



### Back, Neck and Shoulder Massage

Unwind with this targeted treatment designed to dissolve tension where you need it most. Focusing on back, neck and shoulders- the area most prone to stress and stiffness- this massage combines expert pressure, flowing techniques to ease tight muscles, improve circulation and restore a sense of calm and balance.

30 min | R 650

45 min | R 850

*Couples massages are available upon request and therapists available.*

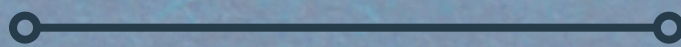
[www.skyvilla.co.za](http://www.skyvilla.co.za)



### Deep Tissue Back, Neck and Shoulder Massage

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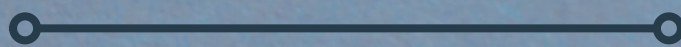
**30 min | R 750 ✦ 45 min | R 900**



### Scalp, Neck and Shoulder Massage

Melt away stress with this deeply relaxing treatment focusing on the areas where tension hides most. Gentle yet firm pressure releases knots in the neck and shoulder while soothing scalp massage techniques calm the mind and restores balance. Perfect for relieving headaches, easing stiffness and promoting total relaxation.

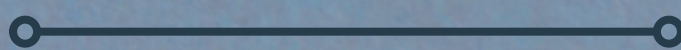
**30 min | R 700 ✦ 45 min | R 820**



### Facial Massage

A soothing treatment designed to relax facial muscles, stimulate circulation, and enhance your natural glow. Gentle rhythmic movements help release tension and encourage lymphatic drainage, leaving your complexion radiant and refreshed. stimulate collagen production.

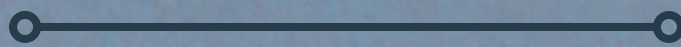
**45 min | R 750**



### Foot Massage

Soothe tired feet and restore balance to the body with this deeply relaxing treatment. Gently pressure and flowing movements to release tension, revive weary muscles. Focusing on different pressure points promotes overall wellbeing.

**30 min | R 550**



### Hot stone Massage

A deeply soothing and therapeutic experience using smooth, heated basalt stones to melt away tension. The warmth of stones penetrates deep into the muscles, easing stiffness and promoting total relaxation.

**60 min | R 1 250 ✦ 75 min | R 1 350 ✦ 90 min | R 1 450**

*Couples massages are available upon request and therapists available.*





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## **SPA ETIQUETTE & POLICIES**

### **SPA ROOM:**

We are sure you will understand that in keeping with the serene atmosphere within the spa, cell phones must be switched to silent.

### **PUNCTUALITY:**

Guests are requested to arrive 10 minutes or more prior to your treatment time for you to complete a consultation form. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment. The guest will still be held liable for full payment of the treatment booked.

### **SPA TREATMENTS:**

All treatments are subject to therapists' availability. Prices are subject to change without notice & are inclusive of vat.

### **CONSULTATION:**

Please inform your therapist of any medical condition/s, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

### **SAFETY REGULATIONS:**

We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cell phones) safe in your room.

### **PAYMENT:**

All treatments and products are payable at the end of your treatment or shall be charged to your room.

### **DRESS CODE:**

The spa has a no-nudity policy, you will be provided with a gown and slippers.

### **CANCELLATION POLICY:**

We kindly request that all bookings are cancelled within 24 hours. Beauty @ Sky serves the right to charge in full for treatments not cancelled in this period of time or no arrivals.

### **GIFT VOUCHERS:**

Gift vouchers are available from the spa & are redeemable only at Beauty @ Sky. Vouchers can be issued for specific treatments or for a specific value. The original gift vouchers must be presented at an appointment to be honoured. Gift vouchers may not be redeemed for cash or retail products. All vouchers are valid for 6 months from the date of purchase.



